



THE INTEGRITYS DIGEST

AUGUST 31, 2023



5TH THURSDAY CHECK-IN



**“ DREAM BIG,
WORK HARD
AND
DON'T FORGET
TO HAVE
SOME FUN ”**

Greetings, IntegrITS Family! We've made it to another 5th Thursday Check-in. We typically begin each check-in with an introduction to a new season, but this 5th Thursday doesn't fall at the end of the quarter. This change prompted us to try something new.

We will still find a way to share seasonal produce and recipes come fall. And don't worry, the theme is still "fun" (pssst...we kept trivia). However, we're taking a new approach and sharing deals and tips that we hope you will find helpful. We also included a couple puzzles for those of you who love a good word search or crossword. We hope you enjoy today's Digest, and let us know if you'd like to see more content like this in the future (email us at news@integritys.com).



10 Deals and Tips

1. If you're looking to purchase items in any of the categories listed below, Labor Day sales might be the perfect time to buy! [Click here](#) to read an article that shares more about the retailers offering sales in these areas.

Labor Day Sales Categories:

Clothing

Mattresses

Grills

Major appliances

Patio furniture

Travel deals

2. Mark your calendars for National Coffee Day on September 29. Your favorite coffee shop will likely offer a free coffee or a discount on this day!



3. Speaking of coffee, if you're in the market for an espresso machine, DeLonghi is offering a [30% discount via the Insperity MarketPlace](#). **The deal ends on September 5.**



10 Deals and Tips (cont.)

4. Attention, Gamers! We've rounded up a couple discounts on gaming gear that we found on the Insperity MarketPlace:

[Exclusive \\$100 OFF at uThrone Office/Gaming MassageChair](#)

[Logitech G Up to 25% Off + 2x WOWPoints](#)



5. Preparing for holiday travel? Google Flights could be a good resource for you as you search for flights. Check out the following article: [Google Flights' Latest Update Will Help Travelers Find the Best Prices.](#)



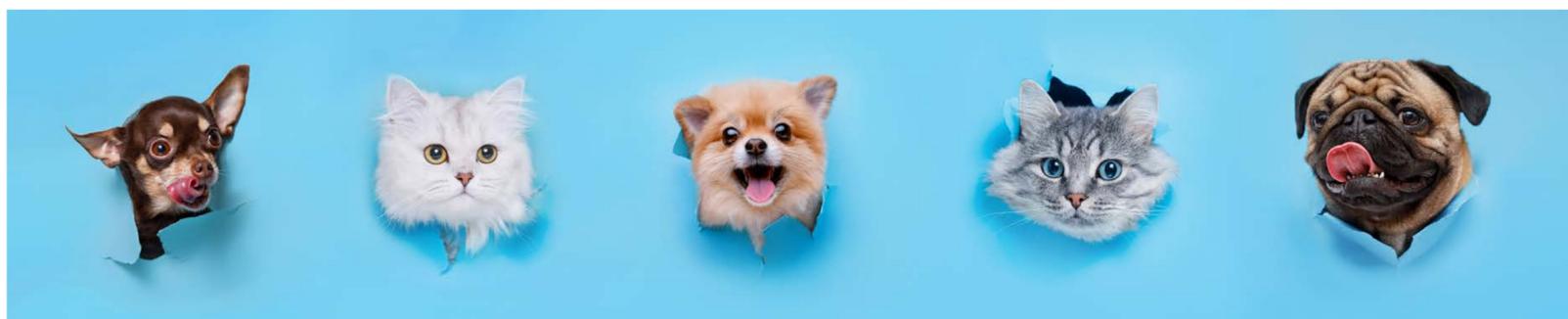


10 Deals and Tips (cont.)

6. If you're looking for ways to have fun, but you also want to be considerate of your budget, here are some tips that might be helpful to you: [10 ways to have fun without breaking the bank](#). Here's a unique idea that we're especially excited to try:

Go on a penny date. Take a coin and assign left and right to each side of the coin. Then, go to a new part of town or a new city and flip the coin at every intersection. Let the coin take you on an adventure. Nicole Dow says going on a penny date can help you discover new stores, buildings and public spaces in your neighborhood or on vacation.

7. This deal is for pet owners! Did you know that we can save \$15 when you spend \$75+ at PetSmart.com? [Click here](#) to visit the Insperity MarketPlace and claim our unique promo code.



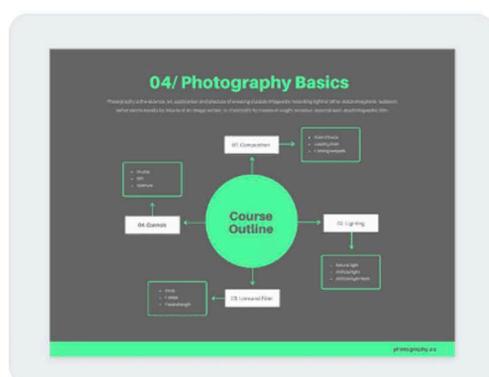
8. We recently discovered a resource for those of you who might be looking to make new friends with similar interests: Meetup! [Click here](#), enter your location, and start browsing groups and events.

9. Movie lovers, don't forget that we have access to up to 30% in savings on movie tickets through the Insperity MarketPlace. [Click here](#) to purchase your ticket(s), then "simply bring your ticket to the box office and choose the movie you wish to see" (Insperity).



10 Deals and Tips (cont.)

10. For those of you who are taking classes or who have a student in your household, did you know that Canva has tons of free resources for students? Whether you need an engaging PowerPoint template, a study template, or you need a template for coordinating group work, this resource may be helpful to you. [Click here](#) to learn more!



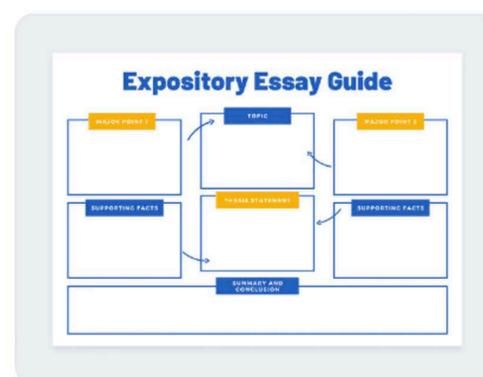
Mind maps

Visually plan and manage projects



Schedules

Keep on top of classes and study sessions



Essay plans

Get started by outlining what you need to cover

Coffee is on Us!

The first 20 employees to email news@integritys.com with the correct answer to the trivia question below will win a \$10 gift card to Starbucks!

(NOTE: The gift cards will be sent to winners via email. We will simply reply to the email address you used to submit your answer, unless you indicate another preferred email address along with your response. If you do not receive a response from us, that means your answer is incorrect or we've unfortunately already awarded the 20 gift cards.)

Trivia Question:

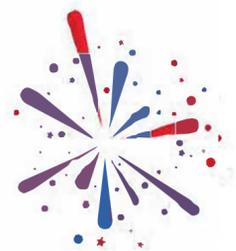
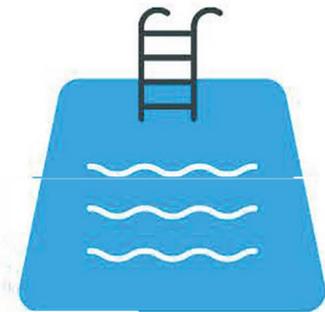
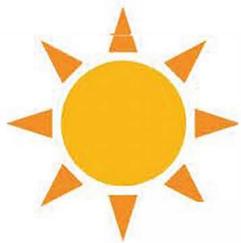
In one of our Digests, we discussed how the dynamically changing AI/technology environment requires all of our utmost cyber soberness and diligence. We shared that Forbes identified the top 5 risks of generative AI. Name one of the 5 top risks.

Note: you can find an archive of all our newsletters [here](#).



SUMMER

WORD SEARCH

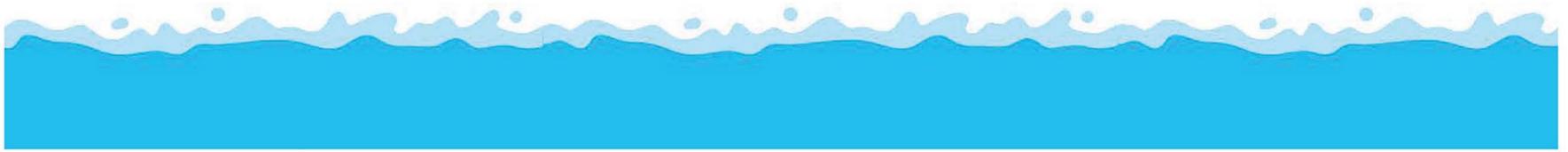


D N G X S P R K D N X D A A T
D Q A G I V O F T N A D V M T
C S P C S P U U H W L V C S U
K W N R Z S T Y W F E L U M T
P I K N H K H Z W M R G P X S
C M L O X Z M O S B U K A S W
C S H L W C L K T A P N D Z I
A U J E N M R N H O A W C T M
M I U M E O H C O C W T P A F
P T L R W J I L E V A R T D K
C Y Y E V B U T S A M V M J D
P C R T V J E N A M Q P O I G
G I Z A T Y W A E C G F C Q R
F B U W Y L M Z C N A I O Y N
K R P P Q V O J B H C V Y O X

AUGUST
BEACH
CAMP
FIREWORKS
HOT

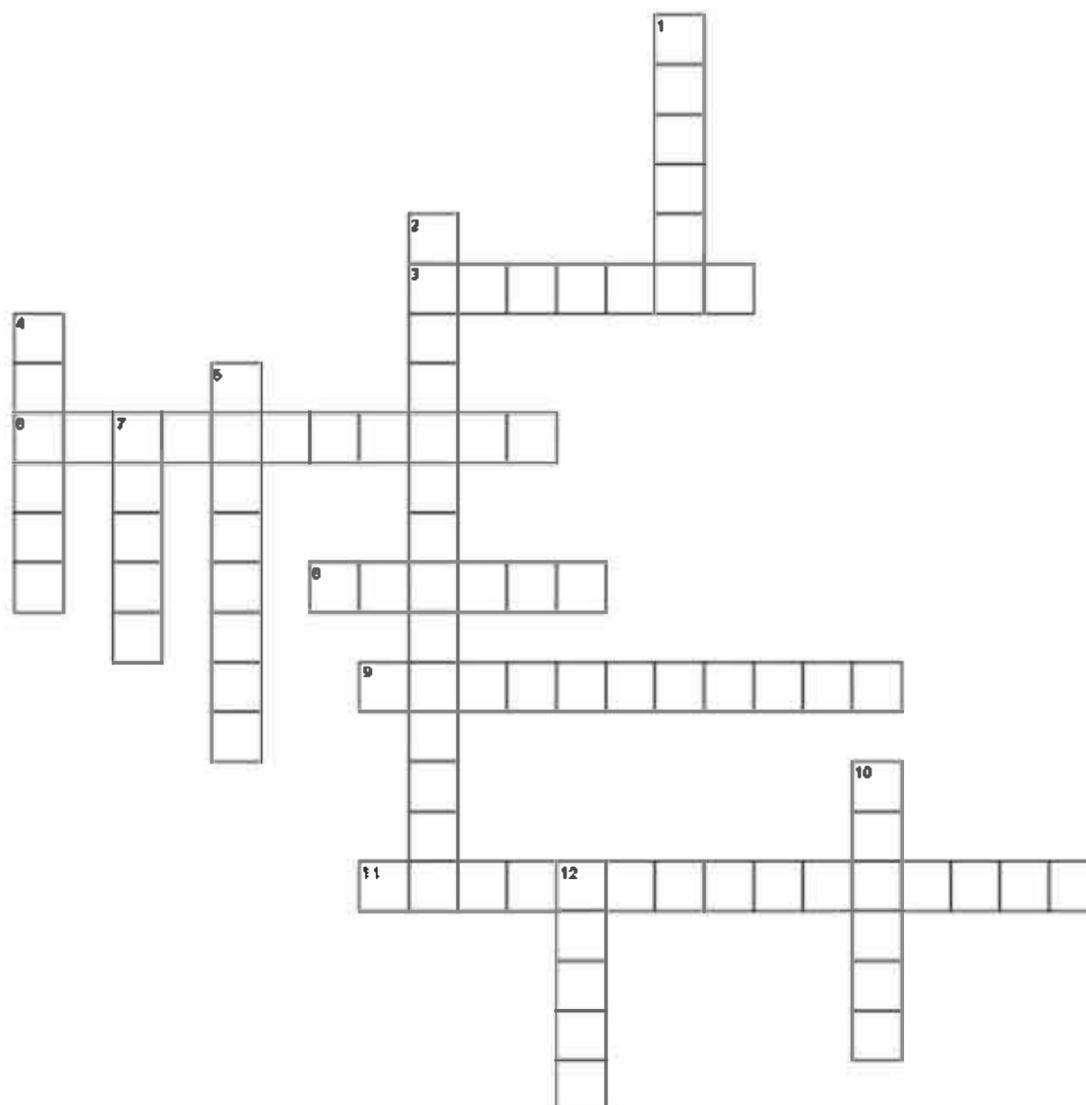
JULY
JUNE
PICNIC
POOL
RELAX

SWIM
SWIMSUIT
TRAVEL
VACATION
WATERMELON





Labor Day



Across

- [3] Two men who share this name, are credited with the idea of Labor Day
- [6] First city to celebrate Labor Day in 1882
- [8] Labor Day is celebrated on the first _____ of September.
- [9] Sen Kyle from _____ introduced legislation to officially make Labor Day the holiday we know today
- [11] This president signed Labor Day into law

Down

- [1] Labor Day marks the end of _____
- [2] Labor day is a celebration of the _____
- [4] This country celebrated Labor Day before the US
- [5] Labor Day is the unofficial start of what season
- [7] According to fashion, you should not wear this color after Labor Day
- [10] First state to celebrate it as a holiday in 1887
- [12] In 1916 the Adamson Act established an _____ hour workday

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[Click here](#) to find Crossword Puzzle answers.



Tip of the Week

As natural disasters and emergency situations are very real threats, we thought it might be helpful to remind you of the importance of having a survival kit. [Click here](#) to view the Red Cross recommendations for survival kits. For those with pets, Petco also provides tips on disaster response with a pet. [Click here](#) to learn more.

Employee Referral Bonus Program

At the end of each quarter, everyone who refers a prospective employee *who makes it to the interview process* will be entered into a raffle for a \$500 gift card. We will select two winners from this pool of contestants—meaning two people have the chance to win a \$500 gift card each quarter! Furthermore, we will enter all employees who refer a job applicant into another raffle (regardless of the stage they make it to in the hiring process), with the winner receiving a \$250 gift card.

We have a number of job openings across multiple IntegrITS locations ([IntegrITS Opportunity Central](#)). Let's work together to find the best candidates for these open positions!

COMING SOON

Join us next week for another message from Mr. Carter in The CEO's Corner.



COMMENTS/QUESTIONS

If you have any comments or questions about this week's newsletter, email us at news@integrits.com.

We have also created a website where we are storing the archives of all our newsletters to date: <https://integrits.com/digest-archives/>.

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